

FITNESS
HEAT 1 from 09:45 to 09:56
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	k ¹ J	10107	FITNESS		09:30	09:45	Singapore
3	PROJECT JUMBY	10015	FITNESS		09:30	09:45	Singapore
4	825 SUICIDE SQUAD	10007	FITNESS		09:30	09:45	Singapore
5	TEAM PURE	10115	FITNESS		09:30	09:45	Singapore
6	2FAT2CURIOUS	10043	FITNESS		09:30	09:45	Singapore
7	THRUST ISSUES	10082	FITNESS		09:30	09:45	
8	QUAD SQUAD	10108	FITNESS		09:30	09:45	Singapore
9	xxORGANIC CAULIFLOWER	10105	FITNESS		09:30	09:45	Singapore
10	Empty Lane						

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	ZEROFIVEFOURFIVE	10106	FITNESS		09:43	09:58	Singapore
3	TEAM KENA SLAM	10009	FITNESS		09:43	09:58	Singapore
4	WHY I AM HERE	10064	FITNESS		09:43	09:58	Singapore
5	MLBB	10024	FITNESS		09:43	09:58	Singapore
6	SAGS	10100	FITNESS		09:43	09:58	Singapore
7	LAST MINUTE	10089	FITNESS		09:43	09:58	Singapore
8	BUMS UTD	10030	FITNESS		09:43	09:58	Singapore
9	Empty Lane						
10	URBAN THROW UP (Actualize)	10101	SCALED		09:43	09:58	Singapore

MIX
HEAT 3 from 10:11 to 10:22
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	FAGAO UP	10070	FITNESS		09:56	10:11	Singapore
3	ONYX ID	10050	FITNESS		09:56	10:11	Malaysia
4	3l0v3d33ks	10031	FITNESS		09:56	10:11	Singapore
5	LAST PLACERS	10079	FITNESS		09:56	10:11	Singapore
6	WE THOUGHT THIS WAS HYROX	10044	FITNESS		09:56	10:11	Singapore
7	VIV & FRIENDS	10018	FITNESS		09:56	10:11	Singapore
8	THE STILL STANDING CREW	10036	FITNESS		09:56	10:11	Singapore
9	TEAM GRIT PROJECT	10112	FITNESS		09:56	10:11	Philippines
10	TIM TAM	10104	SCALED		09:56	10:11	Singapore

SCALED
HEAT 4 from 10:26 to 10:37
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	PAPAS AND MAMAS	10055	SCALED		10:11	10:26	Singapore
2	TST COFFEE BAR	10114	SCALED		10:11	10:26	Singapore
3	KAMPUNG MONKEYS CRYING	10010	SCALED		10:11	10:26	Singapore
4	KAMPUNG OI OUI MATE	10017	SCALED		10:11	10:26	Singapore
5	FOURPL4Y	10094	SCALED		10:11	10:26	Singapore
6	TST APPSOLUTE	10034	SCALED		10:11	10:26	Singapore
7	GOOGY GOONERS	10088	SCALED		10:11	10:26	Singapore
8	QUESTIONABLE FORM	10062	SCALED		10:11	10:26	Singapore
9	KAMPUNG BLACK & YELLOWS	10063	SCALED		10:11	10:26	Singapore
10	FEM MASC	10052	SCALED		10:11	10:26	Singapore

SCALED
HEAT 5 from 10:39 to 10:50
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	SPILL THE TEA-QUILA	10027	SCALED		10:24	10:39	Singapore
2	CFILO DOG PACK	10011	SCALED		10:24	10:39	Philippines
3	FIGHT CLUB SENIOR EDITION	10053	SCALED		10:24	10:39	Singapore
4	MVRCK ZONE 6	10083	SCALED		10:24	10:39	Singapore
5	TEAM SHIOKPAN	10067	SCALED		10:24	10:39	
6	TST HOTDOGS	10016	SCALED		10:24	10:39	Singapore
7	WOD WERE WE THINKING	10008	SCALED		10:24	10:39	Singapore
8	BARBELLS AND BARBELLA	10037	SCALED		10:24	10:39	Singapore
9	DEEP IMPACT	10056	SCALED		10:24	10:39	Singapore
10	LSTD	10069	SCALED		10:24	10:39	Singapore

SCALED
HEAT 6 from 10:52 to 11:03
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	EEMU	10084	SCALED		10:37	10:52	Singapore
2	GLOBAL REPS COLLECTIVE	10103	SCALED		10:37	10:52	Singapore
3	KAMPUNG AFTER 9-5	10029	SCALED		10:37	10:52	Singapore
4	NAMASTE	10049	SCALED		10:37	10:52	Singapore
5	Scramble Legs (MVRCK)	10116	SCALED		10:37	10:52	Singapore
6	MAC & FRIENDS	10076	SCALED		10:37	10:52	Singapore
7	JALOPY	10066	SCALED		10:37	10:52	Singapore
8	KAMPUNG COCONUTS	10117	SCALED		10:37	10:52	Singapore
9	KAMPUNG SCRAMBLE LEGS	10022	SCALED		10:37	10:52	Singapore
10	TST OPPSIE DAISIE	10091	SCALED		10:37	10:52	Singapore

SCALED
HEAT 7 from 11:05 to 11:16
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	AMPLIFY MEOWERS	10038	SCALED		10:50	11:05	Singapore
2	TRY TRY	10065	SCALED		10:50	11:05	Singapore
3	TST MARKSMEN	10051	SCALED		10:50	11:05	Singapore
4	WeSki & Wodka	10019	SCALED		10:50	11:05	Singapore
5	CHICKENNUTBREAD	10013	SCALED		10:50	11:05	Singapore
6	TST FAFO	10006	SCALED		10:50	11:05	Singapore
7	JUGGLY JIGGLY JUGS	10054	SCALED		10:50	11:05	Singapore
8	KAMPUNG MARS BABIES	10098	SCALED		10:50	11:05	Singapore
9	RALLY x RED DOT	10014	SCALED		10:50	11:05	Singapore
10	THE DANG GANG!	10077	SCALED		10:50	11:05	Singapore

SCALED
HEAT 8 from 11:18 to 11:29
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST HIGH BALL LOW EXPECTATIONS	10025	SCALED		11:03	11:18	Singapore
2	URBAN DAMAGE(D)	10060	SCALED		11:03	11:18	Singapore
3	THE STUPID 4	10026	SCALED		11:03	11:18	Singapore
4	TST IF ONLY	10096	SCALED		11:03	11:18	Singapore
5	MVRCK PASTA LA VISTA	10085	SCALED		11:03	11:18	Singapore
6	2GAYTHER	10093	SCALED		11:03	11:18	Singapore
7	ALMOST MASTERS	10061	SCALED		11:03	11:18	Singapore
8	METHOD TO BE DETERMINED	10041	SCALED		11:03	11:18	Singapore
9	MVRCK EARLY BIRDS	10057	SCALED		11:03	11:18	Singapore
10	RABAK	10099	SCALED		11:03	11:18	Singapore

MASTERS
HEAT 9 from 11:33 to 11:44
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	TST Tired Still Trying	10033	MASTERS		11:18	11:33	Singapore
3	MX OLDIES	10046	MASTERS		11:18	11:33	Singapore
4	KAMPUNG ROJAK	10040	MASTERS		11:18	11:33	Singapore
5	MIDREP CRISIS	10095	MASTERS		11:18	11:33	Singapore
6	DEW LEIGH LAU LAN	10072	MASTERS		11:18	11:33	Singapore
7	CREAK SQUAD	10073	MASTERS		11:18	11:33	Singapore
8	TEAM MOLDIES	10039	MASTERS		11:18	11:33	Singapore
9	SWEAT EQUITY	10058	MASTERS		11:18	11:33	
10	Empty Lane						

MASTERS
HEAT 10 from 11:46 to 11:57
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	HIDDEN MASTERS	10048	MASTERS		11:31	11:46	Singapore
2	VIKING SCHNITZEL & CROISSANTS	10045	MASTERS		11:31	11:46	Singapore
3	Engine Over Ego	10021	MASTERS		11:31	11:46	Singapore
4	MOMS AND GUNCLES	10042	MASTERS		11:31	11:46	Singapore
5	FOREVER YOUNG	10047	MASTERS		11:31	11:46	Singapore
6	TST MASTERS OF MAYHEM	10059	MASTERS		11:31	11:46	Singapore
7	WAO - WE ARE OLD	10020	MASTERS		11:31	11:46	Singapore
8	INSERT TEAM NAME HERE	10023	MASTERS		11:31	11:46	Singapore
9	CRASH LANDING	10092	MASTERS		11:31	11:46	Singapore
10	Empty Lane						

RX
HEAT 11 from 12:01 to 12:12
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	CROP TOP FATTIES	10028	RX		11:46	12:01	Singapore
3	NOT TO SHABBY	10087	RX		11:46	12:01	Singapore
4	WAO	10109	RX		11:46	12:01	Singapore
5	SKED	10075	RX		11:46	12:01	Singapore
6	TST H1N3	10097	RX		11:46	12:01	Singapore
7	BABY T'RX	10102	RX		11:46	12:01	Singapore
8	JAN-COX	10111	RX		11:46	12:01	Indonesia
9	URBAN THROW UP (RX)	10113	RX		11:46	12:01	Singapore
10	Empty Lane						

RX
HEAT 12 from 12:14 to 12:25
T15:00

Arena 1
CHALK DIRTY TO ME

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST MANDOPOP	10074	RX		11:59	12:14	Singapore
2	RAGTAG	10071	RX		11:59	12:14	Singapore
3	MVRCK SPACETROOPERS	10081	RX		11:59	12:14	Singapore
4	DREAM STEAM	10080	RX		11:59	12:14	Singapore
5	TST DAHLIA	10068	RX		11:59	12:14	Singapore
6	AMPLIFY PUPPERS	10078	RX		11:59	12:14	Singapore
7	GARAGE GRIT	10090	RX		11:59	12:14	Philippines
8	JUST WHACK	10086	RX		11:59	12:14	Singapore
9	KAMPUNG DUCKLINGS	10012	RX		11:59	12:14	Singapore
10	Empty Lane						

FITNESS
HEAT 1 from 13:20 to 13:32
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	825 SUICIDE SQUAD	10007	FITNESS		13:05	13:20	Singapore
3	TEAM PURE	10115	FITNESS		13:05	13:20	Singapore
4	2FAT2CURIOUS	10043	FITNESS		13:05	13:20	Singapore
5	THRUST ISSUES	10082	FITNESS		13:05	13:20	
6	QUAD SQUAD	10108	FITNESS		13:05	13:20	Singapore
7	xxORGANIC CAULIFLOWER	10105	FITNESS		13:05	13:20	Singapore
8	k ¹ J	10107	FITNESS		13:05	13:20	Singapore
9	Empty Lane						
10	Empty Lane						

FITNESS
HEAT 2 from 13:34 to 13:46
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	SAGS	10100	FITNESS		13:19	13:34	Singapore
3	LAST MINUTE	10089	FITNESS		13:19	13:34	Singapore
4	BUMS UTD	10030	FITNESS		13:19	13:34	Singapore
5	ZEROFIVEFOURFIVE	10106	FITNESS		13:19	13:34	Singapore
6	MLBB	10024	FITNESS		13:19	13:34	Singapore
7	TEAM KENA SLAM	10009	FITNESS		13:19	13:34	Singapore
8	WHY I AM HERE	10064	FITNESS		13:19	13:34	Singapore
9	PROJECT JUMBY	10015	FITNESS		13:19	13:34	Singapore
10	Empty Lane						

FITNESS
HEAT 3 from 13:48 to 14:00
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	3l0v3d33ks	10031	FITNESS		13:33	13:48	Singapore
3	FAGAO UP	10070	FITNESS		13:33	13:48	Singapore
4	ONYX ID	10050	FITNESS		13:33	13:48	Malaysia
5	LAST PLACERS	10079	FITNESS		13:33	13:48	Singapore
6	WE THOUGHT THIS WAS HYROX	10044	FITNESS		13:33	13:48	Singapore
7	VIV & FRIENDS	10018	FITNESS		13:33	13:48	Singapore
8	THE STILL STANDING CREW	10036	FITNESS		13:33	13:48	Singapore
9	TEAM GRIT PROJECT	10112	FITNESS		13:33	13:48	Philippines
10	Empty Lane						

MASTERS
HEAT 4 from 14:04 to 14:16
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	INSERT TEAM NAME HERE	10023	MASTERS		13:49	14:04	Singapore
2	CRASH LANDING	10092	MASTERS		13:49	14:04	Singapore
3	TST Tired Still Trying	10033	MASTERS		13:49	14:04	Singapore
4	MX OLDIES	10046	MASTERS		13:49	14:04	Singapore
5	KAMPUNG ROJAK	10040	MASTERS		13:49	14:04	Singapore
6	MIDREP CRISIS	10095	MASTERS		13:49	14:04	Singapore
7	DEW LEIGH LAU LAN	10072	MASTERS		13:49	14:04	Singapore
8	CREAK SQUAD	10073	MASTERS		13:49	14:04	Singapore
9	TEAM MOLDIES	10039	MASTERS		13:49	14:04	Singapore
10	SWEAT EQUITY	10058	MASTERS		13:49	14:04	

MIX
HEAT 5 from 14:18 to 14:30
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	HIDDEN MASTERS	10048	MASTERS		14:03	14:18	Singapore
2	VIKING SCHNITZEL & CROISSANTS	10045	MASTERS		14:03	14:18	Singapore
3	Engine Over Ego	10021	MASTERS		14:03	14:18	Singapore
4	MOMS AND GUNCLES	10042	MASTERS		14:03	14:18	Singapore
5	FOREVER YOUNG	10047	MASTERS		14:03	14:18	Singapore
6	TST MASTERS OF MAYHEM	10059	MASTERS		14:03	14:18	Singapore
7	WAO - WE ARE OLD	10020	MASTERS		14:03	14:18	Singapore
8	Empty Lane						
9	TIM TAM	10104	SCALED		14:03	14:18	Singapore
10	URBAN THROW UP (Actualize)	10101	SCALED		14:03	14:18	Singapore

SCALED
HEAT 6 from 14:34 to 14:46
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	FOURPL4Y	10094	SCALED		14:19	14:34	Singapore
2	TST APPSOLUTE	10034	SCALED		14:19	14:34	Singapore
3	GOOGY GOONERS	10088	SCALED		14:19	14:34	Singapore
4	QUESTIONABLE FORM	10062	SCALED		14:19	14:34	Singapore
5	KAMPUNG BLACK & YELLOWS	10063	SCALED		14:19	14:34	Singapore
6	FEM MASC	10052	SCALED		14:19	14:34	Singapore
7	PAPAS AND MAMAS	10055	SCALED		14:19	14:34	Singapore
8	TST COFFEE BAR	10114	SCALED		14:19	14:34	Singapore
9	KAMPUNG MONKEYS CRYING	10010	SCALED		14:19	14:34	Singapore
10	KAMPUNG OI OUI MATE	10017	SCALED		14:19	14:34	Singapore

SCALED
HEAT 7 from 14:48 to 15:00
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TEAM SHIOKPAN	10067	SCALED		14:33	14:48	
2	TST HOTDOGS	10016	SCALED		14:33	14:48	Singapore
3	WOD WERE WE THINKING	10008	SCALED		14:33	14:48	Singapore
4	BARBELLS AND BARBELLA	10037	SCALED		14:33	14:48	Singapore
5	DEEP IMPACT	10056	SCALED		14:33	14:48	Singapore
6	LSTD	10069	SCALED		14:33	14:48	Singapore
7	SPILL THE TEA-QUILA	10027	SCALED		14:33	14:48	Singapore
8	CFILO DOG PACK	10011	SCALED		14:33	14:48	Philippines
9	FIGHT CLUB SENIOR EDITION	10053	SCALED		14:33	14:48	Singapore
10	MVRCK ZONE 6	10083	SCALED		14:33	14:48	Singapore

SCALED
HEAT 8 from 15:02 to 15:14
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Scramble Legs (MVRCK)	10116	SCALED		14:47	15:02	Singapore
2	MAC & FRIENDS	10076	SCALED		14:47	15:02	Singapore
3	JALOPY	10066	SCALED		14:47	15:02	Singapore
4	KAMPUNG COCONUTS	10117	SCALED		14:47	15:02	Singapore
5	KAMPUNG SCRAMBLE LEGS	10022	SCALED		14:47	15:02	Singapore
6	TST OPPSIE DAISIE	10091	SCALED		14:47	15:02	Singapore
7	EEMU	10084	SCALED		14:47	15:02	Singapore
8	GLOBAL REPS COLLECTIVE	10103	SCALED		14:47	15:02	Singapore
9	KAMPUNG AFTER 9-5	10029	SCALED		14:47	15:02	Singapore
10	NAMASTE	10049	SCALED		14:47	15:02	Singapore

SCALED
HEAT 9 from 15:16 to 15:28
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CHICKENNUTBREAD	10013	SCALED		15:01	15:16	Singapore
2	TST FAFO	10006	SCALED		15:01	15:16	Singapore
3	JUGGLY JIGGLY JUGS	10054	SCALED		15:01	15:16	Singapore
4	KAMPUNG MARS BABIES	10098	SCALED		15:01	15:16	Singapore
5	RALLY x RED DOT	10014	SCALED		15:01	15:16	Singapore
6	THE DANG GANG!	10077	SCALED		15:01	15:16	Singapore
7	AMPLIFY MEOWERS	10038	SCALED		15:01	15:16	Singapore
8	TRY TRY	10065	SCALED		15:01	15:16	Singapore
9	TST MARKSMEN	10051	SCALED		15:01	15:16	Singapore
10	WeSki & Wodka	10019	SCALED		15:01	15:16	Singapore

SCALED
HEAT 10 from 15:30 to 15:42
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	THE STUPID 4	10026	SCALED		15:15	15:30	Singapore
2	TST IF ONLY	10096	SCALED		15:15	15:30	Singapore
3	MVRCK PASTA LA VISTA	10085	SCALED		15:15	15:30	Singapore
4	2GAYTHER	10093	SCALED		15:15	15:30	Singapore
5	ALMOST MASTERS	10061	SCALED		15:15	15:30	Singapore
6	METHOD TO BE DETERMINED	10041	SCALED		15:15	15:30	Singapore
7	MVRCK EARLY BIRDS	10057	SCALED		15:15	15:30	Singapore
8	RABAK	10099	SCALED		15:15	15:30	Singapore
9	TST HIGH BALL LOW EXPECTATIONS	10025	SCALED		15:15	15:30	Singapore
10	URBAN DAMAGE(D)	10060	SCALED		15:15	15:30	Singapore

RX
HEAT 11 from 15:45 to 15:57
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	Empty Lane						
3	NOT TO SHABBY	10087	RX		15:30	15:45	Singapore
4	WAO	10109	RX		15:30	15:45	Singapore
5	SKED	10075	RX		15:30	15:45	Singapore
6	TST H1N3	10097	RX		15:30	15:45	Singapore
7	BABY T'RX	10102	RX		15:30	15:45	Singapore
8	JAN-COX	10111	RX		15:30	15:45	Indonesia
9	URBAN THROW UP (RX)	10113	RX		15:30	15:45	Singapore
10	Empty Lane						

RX
HEAT 12 from 15:59 to 16:11
T15:00

Arena 1
GORUCK ME SOFTLY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST MANDOPOP	10074	RX		15:44	15:59	Singapore
2	RAGTAG	10071	RX		15:44	15:59	Singapore
3	MVRCK SPACETROOPERS	10081	RX		15:44	15:59	Singapore
4	DREAM STEAM	10080	RX		15:44	15:59	Singapore
5	TST DAHLIA	10068	RX		15:44	15:59	Singapore
6	AMPLIFY PUPPERS	10078	RX		15:44	15:59	Singapore
7	GARAGE GRIT	10090	RX		15:44	15:59	Philippines
8	JUST WHACK	10086	RX		15:44	15:59	Singapore
9	KAMPUNG DUCKLINGS	10012	RX		15:44	15:59	Singapore
10	CROP TOP FATTIES	10028	RX		15:44	15:59	Singapore

FITNESS
HEAT 1 from 16:40 to 16:47
T15:00

Arena 1
BALLS UP

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	825 SUICIDE SQUAD	10007	FITNESS		16:25	16:40	Singapore
3	TEAM PURE	10115	FITNESS		16:25	16:40	Singapore
4	2FAT2CURIOUS	10043	FITNESS		16:25	16:40	Singapore
5	THRUST ISSUES	10082	FITNESS		16:25	16:40	
6	QUAD SQUAD	10108	FITNESS		16:25	16:40	Singapore
7	xxORGANIC CAULIFLOWER	10105	FITNESS		16:25	16:40	Singapore
8	k ¹ J	10107	FITNESS		16:25	16:40	Singapore
9	Empty Lane						
10	Empty Lane						

FITNESS
HEAT 2 from 16:49 to 16:56
T15:00

Arena 1
BALLS UP

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	SAGS	10100	FITNESS		16:34	16:49	Singapore
3	LAST MINUTE	10089	FITNESS		16:34	16:49	Singapore
4	BUMS UTD	10030	FITNESS		16:34	16:49	Singapore
5	ZEROFIVEFOURFIVE	10106	FITNESS		16:34	16:49	Singapore
6	MLBB	10024	FITNESS		16:34	16:49	Singapore
7	TEAM KENA SLAM	10009	FITNESS		16:34	16:49	Singapore
8	WHY I AM HERE	10064	FITNESS		16:34	16:49	Singapore
9	PROJECT JUMBY	10015	FITNESS		16:34	16:49	Singapore
10	Empty Lane						

FITNESS
HEAT 3 from 16:58 to 17:05
T15:00

Arena 1
BALLS UP

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Empty Lane						
2	3l0v3d33ks	10031	FITNESS		16:43	16:58	Singapore
3	FAGAO UP	10070	FITNESS		16:43	16:58	Singapore
4	ONYX ID	10050	FITNESS		16:43	16:58	Malaysia
5	LAST PLACERS	10079	FITNESS		16:43	16:58	Singapore
6	WE THOUGHT THIS WAS HYROX	10044	FITNESS		16:43	16:58	Singapore
7	VIV & FRIENDS	10018	FITNESS		16:43	16:58	Singapore
8	THE STILL STANDING CREW	10036	FITNESS		16:43	16:58	Singapore
9	TEAM GRIT PROJECT	10112	FITNESS		16:43	16:58	Philippines
10	Empty Lane						

SCALED
HEAT 1 from 17:35 to 17:43
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	URBAN THROW UP (Actualize)	10101	SCALED		17:25	17:35	Singapore

SCALED
HEAT 2 from 17:36 to 17:44
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TIM TAM	10104	SCALED		17:26	17:36	Singapore

SCALED
HEAT 3 from 17:37 to 17:45
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	FOURPL4Y	10094	SCALED		17:27	17:37	Singapore

SCALED
HEAT 4 from 17:38 to 17:46
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG OI OUI MATE	10017	SCALED		17:28	17:38	Singapore

SCALED
HEAT 5 from 17:39 to 17:47
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG MONKEYS CRYING	10010	SCALED		17:29	17:39	Singapore

SCALED
HEAT 6 from 17:40 to 17:48
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST COFFEE BAR	10114	SCALED		17:30	17:40	Singapore

SCALED
HEAT 7 from 17:41 to 17:49
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	PAPAS AND MAMAS	10055	SCALED		17:31	17:41	Singapore

SCALED
HEAT 8 from 17:42 to 17:50
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	FEM MASC	10052	SCALED		17:32	17:42	Singapore

SCALED
HEAT 9 from 17:43 to 17:51
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG BLACK & YELLOWS	10063	SCALED		17:33	17:43	Singapore

SCALED
HEAT 10 from 17:44 to 17:52
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	QUESTIONABLE FORM	10062	SCALED		17:34	17:44	Singapore

SCALED
HEAT 11 from 17:45 to 17:53
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	GOOGY GOONERS	10088	SCALED		17:35	17:45	Singapore

SCALED
HEAT 12 from 17:46 to 17:54
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST APPSOLUTE	10034	SCALED		17:36	17:46	Singapore

SCALED
HEAT 13 from 17:47 to 17:55
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TEAM SHIOKPAN	10067	SCALED		17:37	17:47	

SCALED
HEAT 14 from 17:48 to 17:56
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MVRCK ZONE 6	10083	SCALED		17:38	17:48	Singapore

SCALED
HEAT 15 from 17:49 to 17:57
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	FIGHT CLUB SENIOR EDITION	10053	SCALED		17:39	17:49	Singapore

SCALED
HEAT 16 from 17:50 to 17:58
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CFILO DOG PACK	10011	SCALED		17:40	17:50	Philippines

SCALED
HEAT 17 from 17:51 to 17:59
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	SPILL THE TEA-QUILA	10027	SCALED		17:41	17:51	Singapore

SCALED
HEAT 18 from 17:52 to 18:00
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	LSTD	10069	SCALED		17:42	17:52	Singapore

SCALED
HEAT 19 from 17:53 to 18:01
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	DEEP IMPACT	10056	SCALED		17:43	17:53	Singapore

SCALED
HEAT 20 from 17:54 to 18:02
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	BARBELLS AND BARBELLA	10037	SCALED		17:44	17:54	Singapore

SCALED
HEAT 21 from 17:55 to 18:03
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	WOD WERE WE THINKING	10008	SCALED		17:45	17:55	Singapore

SCALED
HEAT 22 from 17:56 to 18:04
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST HOTDOGS	10016	SCALED		17:46	17:56	Singapore

SCALED
HEAT 23 from 17:57 to 18:05
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Scramble Legs (MVRCK)	10116	SCALED		17:47	17:57	Singapore

SCALED
HEAT 24 from 17:58 to 18:06
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	NAMASTE	10049	SCALED		17:48	17:58	Singapore

SCALED
HEAT 25 from 17:59 to 18:07
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG AFTER 9-5	10029	SCALED		17:49	17:59	Singapore

SCALED
HEAT 26 from 18:00 to 18:08
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	GLOBAL REPS COLLECTIVE	10103	SCALED		17:50	18:00	Singapore

SCALED
HEAT 27 from 18:01 to 18:09
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	EEMU	10084	SCALED		17:51	18:01	Singapore

SCALED
HEAT 28 from 18:02 to 18:10
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST OPPSIE DAISIE	10091	SCALED		17:52	18:02	Singapore

SCALED
HEAT 29 from 18:03 to 18:11
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG SCRAMBLE LEGS	10022	SCALED		17:53	18:03	Singapore

SCALED
HEAT 30 from 18:04 to 18:12
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG COCONUTS	10117	SCALED		17:54	18:04	Singapore

SCALED
HEAT 31 from 18:05 to 18:13
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	JALOPY	10066	SCALED		17:55	18:05	Singapore

SCALED
HEAT 32 from 18:06 to 18:14
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MAC & FRIENDS	10076	SCALED		17:56	18:06	Singapore

SCALED
HEAT 33 from 18:07 to 18:15
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CHICKENNUTBREAD	10013	SCALED		17:57	18:07	Singapore

SCALED
HEAT 34 from 18:08 to 18:16
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	WeSki & Wodka	10019	SCALED		17:58	18:08	Singapore

SCALED
HEAT 35 from 18:09 to 18:17
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST MARKSMEN	10051	SCALED		17:59	18:09	Singapore

SCALED
HEAT 36 from 18:10 to 18:18
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TRY TRY	10065	SCALED		18:00	18:10	Singapore

SCALED
HEAT 37 from 18:11 to 18:19
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	AMPLIFY MEOWERS	10038	SCALED		18:01	18:11	Singapore

SCALED
HEAT 38 from 18:12 to 18:20
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	THE DANG GANG!	10077	SCALED		18:02	18:12	Singapore

SCALED
HEAT 39 from 18:13 to 18:21
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	RALLY x RED DOT	10014	SCALED		18:03	18:13	Singapore

SCALED
HEAT 40 from 18:14 to 18:22
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG MARS BABIES	10098	SCALED		18:04	18:14	Singapore

SCALED
HEAT 41 from 18:15 to 18:23
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	JUGGLY JIGGLY JUGS	10054	SCALED		18:05	18:15	Singapore

SCALED
HEAT 42 from 18:16 to 18:24
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST FAFO	10006	SCALED		18:06	18:16	Singapore

SCALED
HEAT 43 from 18:17 to 18:25
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	URBAN DAMAGE(D)	10060	SCALED		18:07	18:17	Singapore

SCALED
HEAT 44 from 18:18 to 18:26
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST HIGH BALL LOW EXPECTATIONS	10025	SCALED		18:08	18:18	Singapore

SCALED
HEAT 45 from 18:19 to 18:27
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	RABAK	10099	SCALED		18:09	18:19	Singapore

SCALED
HEAT 46 from 18:20 to 18:28
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MVRCK EARLY BIRDS	10057	SCALED		18:10	18:20	Singapore

SCALED
HEAT 47 from 18:21 to 18:29
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	METHOD TO BE DETERMINED	10041	SCALED		18:11	18:21	Singapore

SCALED
HEAT 48 from 18:22 to 18:30
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	ALMOST MASTERS	10061	SCALED		18:12	18:22	Singapore

SCALED
HEAT 49 from 18:23 to 18:31
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	2GAYTHER	10093	SCALED		18:13	18:23	Singapore

SCALED
HEAT 50 from 18:24 to 18:32
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MVRCK PASTA LA VISTA	10085	SCALED		18:14	18:24	Singapore

SCALED
HEAT 51 from 18:25 to 18:33
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST IF ONLY	10096	SCALED		18:15	18:25	Singapore

SCALED
HEAT 52 from 18:26 to 18:34
T10:00

Arena 1
COUPLES THERAPY SCALED

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	THE STUPID 4	10026	SCALED		18:16	18:26	Singapore

MASTERS
HEAT 1 from 18:37 to 18:45
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	SWEAT EQUITY	10058	MASTERS		18:27	18:37	

MASTERS
HEAT 2 from 18:38 to 18:46
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TEAM MOLDIES	10039	MASTERS		18:28	18:38	Singapore

MASTERS
HEAT 3 from 18:39 to 18:47
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CREAK SQUAD	10073	MASTERS		18:29	18:39	Singapore

MASTERS
HEAT 4 from 18:40 to 18:48
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	DEW LEIGH LAU LAN	10072	MASTERS		18:30	18:40	Singapore

MASTERS
HEAT 5 from 18:41 to 18:49
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MIDREP CRISIS	10095	MASTERS		18:31	18:41	Singapore

MASTERS
HEAT 6 from 18:42 to 18:50
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG ROJAK	10040	MASTERS		18:32	18:42	Singapore

MASTERS
HEAT 7 from 18:43 to 18:51
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MX OLDIES	10046	MASTERS		18:33	18:43	Singapore

MASTERS
HEAT 8 from 18:44 to 18:52
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST Tired Still Trying	10033	MASTERS		18:34	18:44	Singapore

MASTERS
HEAT 9 from 18:45 to 18:53
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CRASH LANDING	10092	MASTERS		18:35	18:45	Singapore

MASTERS
HEAT 10 from 18:46 to 18:54
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	INSERT TEAM NAME HERE	10023	MASTERS		18:36	18:46	Singapore

MASTERS
HEAT 11 from 18:47 to 18:55
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	WAO - WE ARE OLD	10020	MASTERS		18:37	18:47	Singapore

MASTERS
HEAT 12 from 18:48 to 18:56
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST MASTERS OF MAYHEM	10059	MASTERS		18:38	18:48	Singapore

MASTERS
HEAT 13 from 18:49 to 18:57
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	FOREVER YOUNG	10047	MASTERS		18:39	18:49	Singapore

MASTERS
HEAT 14 from 18:50 to 18:58
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MOMS AND GUNCLES	10042	MASTERS		18:40	18:50	Singapore

MASTERS
HEAT 15 from 18:51 to 18:59
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Engine Over Ego	10021	MASTERS		18:41	18:51	Singapore

MASTERS
HEAT 16 from 18:52 to 19:00
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	VIKING SCHNITZEL & CROISSANTS	10045	MASTERS		18:42	18:52	Singapore

MASTERS
HEAT 17 from 18:53 to 19:01
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	HIDDEN MASTERS	10048	MASTERS		18:43	18:53	Singapore

MASTERS
HEAT 18 from 18:54 to 19:02
T10:00

Arena 1
COUPLES THERAPY MASTERS

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	HIDDEN MASTERS	10048	MASTERS		18:44	18:54	Singapore

RX
HEAT 1 from 19:05 to 19:13
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	URBAN THROW UP (RX)	10113	RX		18:55	19:05	Singapore

RX
HEAT 2 from 19:06 to 19:14
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	JAN-COX	10111	RX		18:56	19:06	Indonesia

RX
HEAT 3 from 19:07 to 19:15
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	BABY T'RX	10102	RX		18:57	19:07	Singapore

RX
HEAT 4 from 19:08 to 19:16
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST H1N3	10097	RX		18:58	19:08	Singapore

RX
HEAT 5 from 19:09 to 19:17
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	SKED	10075	RX		18:59	19:09	Singapore

RX
HEAT 6 from 19:10 to 19:18
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	WAO	10109	RX		19:00	19:10	Singapore

RX
HEAT 7 from 19:11 to 19:19
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	NOT TO SHABBY	10087	RX		19:01	19:11	Singapore

RX
HEAT 8 from 19:12 to 19:20
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	CROP TOP FATTIES	10028	RX		19:02	19:12	Singapore

RX
HEAT 9 from 19:13 to 19:21
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	KAMPUNG DUCKLINGS	10012	RX		19:03	19:13	Singapore

RX
HEAT 10 from 19:14 to 19:22
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	JUST WHACK	10086	RX		19:04	19:14	Singapore

RX
HEAT 11 from 19:15 to 19:23
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	GARAGE GRIT	10090	RX		19:05	19:15	Philippines

RX
HEAT 12 from 19:16 to 19:24
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	AMPLIFY PUPPERS	10078	RX		19:06	19:16	Singapore

RX
HEAT 13 from 19:17 to 19:25
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST DAHLIA	10068	RX		19:07	19:17	Singapore

RX
HEAT 14 from 19:18 to 19:26
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	DREAM STEAM	10080	RX		19:08	19:18	Singapore

RX
HEAT 15 from 19:19 to 19:27
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	MVRCK SPACETROOPERS	10081	RX		19:09	19:19	Singapore

RX
HEAT 16 from 19:20 to 19:28
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	RAGTAG	10071	RX		19:10	19:20	Singapore

RX
HEAT 17 from 19:21 to 19:29
T10:00

Arena 1
COUPLES THERAPY RX

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST MANDOPOP	10074	RX		19:11	19:21	Singapore