

SCALED
HEAT 1 from 08:45 to 08:54
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Join first, think later	1062	SCALED		08:35	08:45	
2	Les Merlions	1055	SCALED		08:35	08:45	Singapore
3	Captain Joyce	1053	SCALED		08:35	08:45	
4	One More Rep	1056	SCALED		08:35	08:45	Singapore
5	Xfactor	1064	SCALED		08:35	08:45	

SCALED
HEAT 2 from 08:56 to 09:05
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Team COCO	1049	SCALED		08:46	08:56	Singapore
2	Team WUT	1044	SCALED		08:46	08:56	Singapore
3	Damn Siao Leh	1042	SCALED		08:46	08:56	Singapore
4	Method X-cuses Unlimited	1045	SCALED		08:46	08:56	Singapore
5	Black and Yellow	1052	SCALED		08:46	08:56	Singapore

SCALED
HEAT 3 from 09:07 to 09:16
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST Gua Gua Bee ..;	1029	SCALED		08:57	09:07	Singapore
2	Barbelle & Friends	1018	SCALED		08:57	09:07	Singapore
3	Kopi and Kilos	1010	SCALED		08:57	09:07	Singapore
4	Urban ThrowUP	1021	SCALED		08:57	09:07	Singapore
5	CrissCross	1040	SCALED		08:57	09:07	Singapore

SCALED
HEAT 4 from 09:18 to 09:27
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	2 Bros 2 Barbells	1003	SCALED		09:08	09:18	Singapore
2	Zone5	1013	SCALED		09:08	09:18	Indonesia
3	Jungle ThrowUp	1050	SCALED		09:08	09:18	Singapore
4	TST Tohs to Bar	1002	SCALED		09:08	09:18	Singapore
5	GIRDED LOINS	1005	SCALED		09:08	09:18	Singapore

SCALED
HEAT 5 from 09:29 to 09:38
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Burpees for Brunch	1058	SCALED		09:19	09:29	Singapore
2	TBA	1065	SCALED		09:19	09:29	Malaysia
3	The Minions	1008	SCALED		09:19	09:29	Malaysia
4	The Casualtteam	1047	SCALED		09:19	09:29	Singapore
5	PAPAS & MAMAS	1046	SCALED		09:19	09:29	Singapore

SCALED
HEAT 6 from 09:40 to 09:49
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Mars' Babies	1022	SCALED		09:30	09:40	Singapore
2	Tropical Holiday	1031	SCALED		09:30	09:40	Singapore
3	The Small Fries (With Extra Tiger)	1039	SCALED		09:30	09:40	Malaysia
4	Team WOD the F*ck	1023	SCALED		09:30	09:40	Singapore
5	DOMS BUDDIES	1051	SCALED		09:30	09:40	Indonesia

MIX
HEAT 7 from 09:51 to 10:00
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	brOKen	1057	SCALED		09:41	09:51	Singapore
2	Wreckreational	1014	SCALED		09:41	09:51	Singapore
3	TRY LOR	1041	SCALED		09:41	09:51	Singapore
4	Tenacity Titans	1043	SCALED		09:41	09:51	Malaysia
5	We Are Oldish - Arcoxia 4 Eva	1033	MASTER SCALED		09:41	09:51	Singapore

MASTER SCALED
HEAT 8 from 10:02 to 10:11
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Kipping Midlife Crisis	1012	MASTER SCALED		09:52	10:02	Singapore
2	CAVS Rejects	1020	MASTER SCALED		09:52	10:02	Hong Kong SAR China
3	Kopi Before Kilos	1017	MASTER SCALED		09:52	10:02	Singapore
4	MethodXtraordinary	1019	MASTER SCALED		09:52	10:02	Singapore
5	Bonjour-Lah	1015	MASTER SCALED		09:52	10:02	Singapore

MIX
HEAT 9 from 10:13 to 10:22
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Thrust Issues	1054	MASTER SCALED		10:03	10:13	Singapore
2	Turkeys Revived	1063	RX		10:03	10:13	Singapore
3	Moms & Huncles	1059	RX		10:03	10:13	Singapore
4	Barbells & Bintang	1048	RX		10:03	10:13	Indonesia
5	Not Too Shabi	1061	RX		10:03	10:13	

RX
HEAT 10 from 10:24 to 10:33
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Have Faith	1026	RX		10:14	10:24	Singapore
2	Cavaliers alpha	1011	RX		10:14	10:24	Hong Kong SAR China
3	Team Tariffs	1006	RX		10:14	10:24	Singapore
4	#CHALKERS	1016	RX		10:14	10:24	Denmark
5	TST Bunz and Bunnies	1032	RX		10:14	10:24	Singapore

RX
HEAT 11 from 10:35 to 10:44
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	UNCLE K & THE POWERPUFF GIRLS		RX		10:25	10:35	Singapore
2	Hot Mess Express	1007	RX		10:25	10:35	Singapore
3	The Rxhausted	1060	RX		10:25	10:35	Indonesia
4	Is it too late to pull out?	1001	RX		10:25	10:35	Singapore
5	The Dream Steam	1004	RX		10:25	10:35	Singapore

RX
HEAT 12 from 10:46 to 10:55
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Amplify Puppies	1036	RX		10:36	10:46	Singapore
2	CrossFit One More Rep	1025	RX		10:36	10:46	United Kingdom
3	TEAM UWU	1009	RX		10:36	10:46	Singapore
4	TST GAME ON	1024	RX		10:36	10:46	Singapore
5	Old Dogs, New Tricks	1028	RX		10:36	10:46	Singapore

RX
HEAT 13 from 10:57 to 11:06
T10:00

UT Arena
ERG MARATHON

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Tropical Thunder	1030	RX		10:47	10:57	Singapore
2	TEAM OWO	1034	RX		10:47	10:57	Singapore
3	JIGGYPUFFS	1027	RX		10:47	10:57	Singapore
4	MVRCK Spacetroopers	1035	RX		10:47	10:57	Singapore
5	YUN	1037	RX		10:47	10:57	Singapore

SCALED
HEAT 1 from 11:40 to 11:50
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Join first, think later	1062	SCALED		11:30	11:40	
2	Les Merlions	1055	SCALED		11:30	11:40	Singapore
3	Captain Joyce	1053	SCALED		11:30	11:40	
4	One More Rep	1056	SCALED		11:30	11:40	Singapore
5	Xfactor	1064	SCALED		11:30	11:40	

SCALED
HEAT 2 from 11:52 to 12:02
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Team COCO	1049	SCALED		11:42	11:52	Singapore
2	Team WUT	1044	SCALED		11:42	11:52	Singapore
3	Damn Siao Leh	1042	SCALED		11:42	11:52	Singapore
4	Method X-cuses Unlimited	1045	SCALED		11:42	11:52	Singapore
5	Black and Yellow	1052	SCALED		11:42	11:52	Singapore

SCALED
HEAT 3 from 12:04 to 12:14
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST Gua Gua Bee ..;	1029	SCALED		11:54	12:04	Singapore
2	Barbelle & Friends	1018	SCALED		11:54	12:04	Singapore
3	Kopi and Kilos	1010	SCALED		11:54	12:04	Singapore
4	Urban ThrowUP	1021	SCALED		11:54	12:04	Singapore
5	CrissCross	1040	SCALED		11:54	12:04	Singapore

SCALED
HEAT 4 from 12:16 to 12:26
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	2 Bros 2 Barbelles	1003	SCALED		12:06	12:16	Singapore
2	Zone5	1013	SCALED		12:06	12:16	Indonesia
3	Jungle ThrowUp	1050	SCALED		12:06	12:16	Singapore
4	TST Tohs to Bar	1002	SCALED		12:06	12:16	Singapore
5	GIRDED LOINS	1005	SCALED		12:06	12:16	Singapore

SCALED
HEAT 5 from 12:28 to 12:38
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Burpees for Brunch	1058	SCALED		12:18	12:28	Singapore
2	TBA	1065	SCALED		12:18	12:28	Malaysia
3	The Minions	1008	SCALED		12:18	12:28	Malaysia
4	The Casualtteam	1047	SCALED		12:18	12:28	Singapore
5	PAPAS & MAMAS	1046	SCALED		12:18	12:28	Singapore

SCALED
HEAT 6 from 12:40 to 12:50
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Mars' Babies	1022	SCALED		12:30	12:40	Singapore
2	Tropical Holiday	1031	SCALED		12:30	12:40	Singapore
3	The Small Fries (With Extra Tiger)	1039	SCALED		12:30	12:40	Malaysia
4	Team WOD the F*ck	1023	SCALED		12:30	12:40	Singapore
5	DOMS BUDDIES	1051	SCALED		12:30	12:40	Indonesia

MIX
HEAT 7 from 12:52 to 13:02
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	brOKen	1057	SCALED		12:42	12:52	Singapore
2	Wreckreational	1014	SCALED		12:42	12:52	Singapore
3	TRY LOR	1041	SCALED		12:42	12:52	Singapore
4	Tenacity Titans	1043	SCALED		12:42	12:52	Malaysia
5	We Are Oldish - Arcoxia 4 Eva	1033	MASTER SCALED		12:42	12:52	Singapore

MASTER SCALED
HEAT 8 from 13:04 to 13:14
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Kipping Midlife Crisis	1012	MASTER SCALED		12:54	13:04	Singapore
2	CAVS Rejects	1020	MASTER SCALED		12:54	13:04	Hong Kong SAR China
3	Kopi Before Kilos	1017	MASTER SCALED		12:54	13:04	Singapore
4	MethodXtraordinary	1019	MASTER SCALED		12:54	13:04	Singapore
5	Bonjour-Lah	1015	MASTER SCALED		12:54	13:04	Singapore

MIX
HEAT 9 from 13:16 to 13:26
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Thrust Issues	1054	MASTER SCALED		13:06	13:16	Singapore
2	Turkeys Revived	1063	RX		13:06	13:16	Singapore
3	Moms & Huncles	1059	RX		13:06	13:16	Singapore
4	Barbells & Bintang	1048	RX		13:06	13:16	Indonesia
5	Not Too Shabi	1061	RX		13:06	13:16	

RX
HEAT 10 from 13:28 to 13:38
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Have Faith	1026	RX		13:18	13:28	Singapore
2	Cavaliers alpha	1011	RX		13:18	13:28	Hong Kong SAR China
3	Team Tariffs	1006	RX		13:18	13:28	Singapore
4	#CHALKERS	1016	RX		13:18	13:28	Denmark
5	TST Bunz and Bunnies	1032	RX		13:18	13:28	Singapore

RX
HEAT 11 from 13:40 to 13:50
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	UNCLE K & THE POWERPUFF GIRLS		RX		13:30	13:40	Singapore
2	Hot Mess Express	1007	RX		13:30	13:40	Singapore
3	The Rxhausted	1060	RX		13:30	13:40	Indonesia
4	Is it too late to pull out?	1001	RX		13:30	13:40	Singapore
5	The Dream Steam	1004	RX		13:30	13:40	Singapore

RX
HEAT 12 from 13:52 to 14:02
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Amplify Puppies	1036	RX		13:42	13:52	Singapore
2	CrossFit One More Rep	1025	RX		13:42	13:52	United Kingdom
3	TEAM UWU	1009	RX		13:42	13:52	Singapore
4	TST GAME ON	1024	RX		13:42	13:52	Singapore
5	Old Dogs, New Tricks	1028	RX		13:42	13:52	Singapore

RX
HEAT 13 from 14:04 to 14:14
T10:00

UT Arena
TEAM TOTAL RELAY

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Tropical Thunder	1030	RX		13:54	14:04	Singapore
2	TEAM OWO	1034	RX		13:54	14:04	Singapore
3	JIGGYPUFFS	1027	RX		13:54	14:04	Singapore
4	MVRCK Spacetroopers	1035	RX		13:54	14:04	Singapore
5	YUN	1037	RX		13:54	14:04	Singapore

SCALED
HEAT 1 from 14:42 to 15:00
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Join first, think later	1062	SCALED		14:24	14:42	
2	Les Merlions	1055	SCALED		14:24	14:42	Singapore
3	Captain Joyce	1053	SCALED		14:24	14:42	
4	One More Rep	1056	SCALED		14:24	14:42	Singapore
5	Xfactor	1064	SCALED		14:24	14:42	

SCALED
HEAT 2 from 15:02 to 15:20
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Team COCO	1049	SCALED		14:44	15:02	Singapore
2	Team WUT	1044	SCALED		14:44	15:02	Singapore
3	Damn Siao Leh	1042	SCALED		14:44	15:02	Singapore
4	Method X-cuses Unlimited	1045	SCALED		14:44	15:02	Singapore
5	Black and Yellow	1052	SCALED		14:44	15:02	Singapore

SCALED
HEAT 3 from 15:22 to 15:40
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	TST Gua Gua Bee ..;	1029	SCALED		15:04	15:22	Singapore
2	Barbelle & Friends	1018	SCALED		15:04	15:22	Singapore
3	Kopi and Kilos	1010	SCALED		15:04	15:22	Singapore
4	Urban ThrowUP	1021	SCALED		15:04	15:22	Singapore
5	CrissCross	1040	SCALED		15:04	15:22	Singapore

SCALED
HEAT 4 from 15:42 to 16:00
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	2 Bros 2 Barbells	1003	SCALED		15:24	15:42	Singapore
2	Zone5	1013	SCALED		15:24	15:42	Indonesia
3	Jungle ThrowUp	1050	SCALED		15:24	15:42	Singapore
4	TST Tohs to Bar	1002	SCALED		15:24	15:42	Singapore
5	GIRDED LOINS	1005	SCALED		15:24	15:42	Singapore

SCALED
HEAT 5 from 16:02 to 16:20
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Burpees for Brunch	1058	SCALED		15:44	16:02	Singapore
2	TBA	1065	SCALED		15:44	16:02	Malaysia
3	The Minions	1008	SCALED		15:44	16:02	Malaysia
4	The Casualtteam	1047	SCALED		15:44	16:02	Singapore
5	PAPAS & MAMAS	1046	SCALED		15:44	16:02	Singapore

SCALED
HEAT 6 from 16:22 to 16:40
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Mars' Babies	1022	SCALED		16:04	16:22	Singapore
2	Tropical Holiday	1031	SCALED		16:04	16:22	Singapore
3	The Small Fries (With Extra Tiger)	1039	SCALED		16:04	16:22	Malaysia
4	Team WOD the F*ck	1023	SCALED		16:04	16:22	Singapore
5	DOMS BUDDIES	1051	SCALED		16:04	16:22	Indonesia

MIX
HEAT 7 from 16:42 to 17:00
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	brOKen	1057	SCALED		16:24	16:42	Singapore
2	Wreckreational	1014	SCALED		16:24	16:42	Singapore
3	TRY LOR	1041	SCALED		16:24	16:42	Singapore
4	Tenacity Titans	1043	SCALED		16:24	16:42	Malaysia
5	We Are Oldish - Arcoxia 4 Eva	1033	MASTER SCALED		16:24	16:42	Singapore

MASTER SCALED
HEAT 8 from 17:02 to 17:20
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Kipping Midlife Crisis	1012	MASTER SCALED		16:44	17:02	Singapore
2	CAVS Rejects	1020	MASTER SCALED		16:44	17:02	Hong Kong SAR China
3	Kopi Before Kilos	1017	MASTER SCALED		16:44	17:02	Singapore
4	MethodXtraordinary	1019	MASTER SCALED		16:44	17:02	Singapore
5	Bonjour-Lah	1015	MASTER SCALED		16:44	17:02	Singapore

MIX
HEAT 9 from 17:22 to 17:40
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Thrust Issues	1054	MASTER SCALED		17:04	17:22	Singapore
2	Turkeys Revived	1063	RX		17:04	17:22	Singapore
3	Moms & Huncles	1059	RX		17:04	17:22	Singapore
4	Barbells & Bintang	1048	RX		17:04	17:22	Indonesia
5	Not Too Shabi	1061	RX		17:04	17:22	

RX
HEAT 10 from 17:42 to 18:00
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Have Faith	1026	RX		17:24	17:42	Singapore
2	Cavaliers alpha	1011	RX		17:24	17:42	Hong Kong SAR China
3	Team Tariffs	1006	RX		17:24	17:42	Singapore
4	#CHALKERS	1016	RX		17:24	17:42	Denmark
5	TST Bunz and Bunnies	1032	RX		17:24	17:42	Singapore

RX
HEAT 11 from 18:02 to 18:20
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	UNCLE K & THE POWERPUFF GIRLS		RX		17:44	18:02	Singapore
2	Hot Mess Express	1007	RX		17:44	18:02	Singapore
3	The Rxhausted	1060	RX		17:44	18:02	Indonesia
4	Is it too late to pull out?	1001	RX		17:44	18:02	Singapore
5	The Dream Steam	1004	RX		17:44	18:02	Singapore

RX
HEAT 12 from 18:22 to 18:40
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Amplify Puppies	1036	RX		18:04	18:22	Singapore
2	CrossFit One More Rep	1025	RX		18:04	18:22	United Kingdom
3	TEAM UWU	1009	RX		18:04	18:22	Singapore
4	TST GAME ON	1024	RX		18:04	18:22	Singapore
5	Old Dogs, New Tricks	1028	RX		18:04	18:22	Singapore

RX
HEAT 13 from 18:42 to 19:00
T18:00

UT Arena
WORM WORLD

Lane	Athlete/Team	ID Number	Division	Warm Up	Transfer	Time	Nation
1	Tropical Thunder	1030	RX		18:24	18:42	Singapore
2	TEAM OWO	1034	RX		18:24	18:42	Singapore
3	JIGGYPUFFS	1027	RX		18:24	18:42	Singapore
4	MVRCK Spacetroopers	1035	RX		18:24	18:42	Singapore
5	YUN	1037	RX		18:24	18:42	Singapore